**Assignment: Decision Making Skills**

**Scenario: Contagious disease** – You wake up on a Saturday morning with congestion, a sore throat, and a cough. You’re pretty sure you have a cold, and your family agrees. You have plans for later that day to attend a party to celebrate your best friend Jamal’s birthday. You know that the party is important to Jamal, and that your attendance will mean a lot to him. After having a bowl of soup for lunch, you’re feeling pretty good – except for your sore throat. You’ve also noticed that your nose has started to run. While you’re washing your bowl, the phone rings. It’s Jamal. What decision do you have to make?

1. Identify the problem. What decision do you have to make?

2. List the options. What possible actions could you take?

3. Weigh the consequences. List the pros and cons of each option.

4. Consider your values. What is important to you?